

# Regional Finals' Ordering Process & Ingredient List Australia 2026

Each competitor will need to order their ingredients (to the maximum quantities specified) from the list below.

Order to be emailed no later than 14 days before the competition date.

After the entry has closed, you will be emailed the following information as part of your acceptance letter:

- Your ingredient order date
- The ACF Host contact information (this is the person you need to email order to)
- The order sheet template

## Ingredient List

### Protein

**Lamb Rump Cap On HAM #5130** – 2 x 350-450g portions with Cap On (approx 2 x 200-250g portions once cap is removed)

### Dairy or other

250g Unsalted Butter  
500ml Milk  
300ml Cream  
4 Eggs  
200g Grana Padano

200g Greek Yoghurt  
200ml Crème Fraiche  
200ml Almond Milk  
200g Soft Tofu  
100g Feta

### Fruit & Vegetables

1EA Large Brown Onion  
1EA Leek  
2 EA Med Carrots  
200g Green Beans  
1B Broccolini  
1/4 Cauliflower  
1 Med Eggplant  
2 med Zucchini  
1 Red capsicum  
½ B English Spinach

1EA Celeriac  
½ B Silver Beet  
½ pun Swiss Brown Mushrooms  
1/4 Butternut Pumpkin  
¼ B Rosemary  
¼ B Thyme  
¼ b Sage  
1/4b Basil  
¼ B Coriander  
¼ B Chives

¼ B Flat Leaf Parsley  
1 Stick Lemongrass  
4 clove Garlic  
30g Ginger  
2 EA Red Chilli  
2 EA Lemons  
2 EA Small Nashi Pear  
2 EA Oranges  
3 Sticks Rhubarb  
2 med Banana

### Dry Goods

7 Gelatine – bring own in  
25g Agar Agar  
200ml Soy Sauce  
50g Dijon Mustard  
500g SR Flour  
500g Plain Flour  
200g Corn Flour  
100g Macadamia Pieces  
100g Pistachios (shelled)  
200g Semolina

200g Pearl Barley  
200g Cous Cous  
200g Basmati Rice  
200g Panko Crumbs  
50ml Vanilla Essence  
300g Castor Sugar  
250g Brown Sugar  
200ml Olive Oil  
500ml Vegetable Oil  
Cooking Spray

50ml Worcestershire Sauce  
50ml Honey  
50ml White Wine Vinegar  
50ml Red Wine Vinegar  
Fish Sauce  
100g Dried Dates  
50g Cranberries Dried  
50g Cocoa  
50ml Maple Syrup

## **Herbs & Spices**

Salt Flakes  
Ground Black Pepper  
Ground White Pepper  
Whole Black Peppercorns  
Bay Leaves  
Ground Cumin

Cinnamon Quills  
Juniper Berries  
Ground Nutmeg  
Star Anise  
Cardamon Pods  
Cloves

Paprika Smokey  
Chilli Powder  
Gara masala  
Cayenne Pepper  
Fenugreek Leaf  
Coriander Seed

## **Alcohol**

500ml Red Wine  
500ml White Wine  
200ml Brandy  
200ml Dark Stout

## **Australian Native Products**

[Fresh river mint](#)  
[Frozen red quandong](#)  
[Frozen muntries](#)

## **Nestlé Ingredients**

The following products will be available for selection on a communal table on competition day. Please note, it is mandatory for competitors to use a minimum of three (3) Nestlé products, not including Dariole Moulds in the menu.

BUITONI Sugo Al Pomodoro (Tomato Coulis)  
MAGGI Natural Mashed Potato  
MAGGI Coconut Milk Powder Mix  
NESTLÉ Continental Bitter Chocolate Couverture  
NESTLÉ DOCELLO Snowcap White Compound Chocolate  
NESTLÉ DOCELLO French Vanilla Mousse Mix  
CARNATION Creamy Evaporated Milk  
KITKAT Spread  
NESTLÉ Sweetened Condensed Milk  
UNCLE TOBYS Traditional Oats  
BUONDI Steady State Beans  
MAGGI Seasoning  
MAGGI Malaysian Laksa Paste  
MAGGI Thai Tom Yum Paste  
MAGGI Korean BBQ Sauce  
MAGGI Jus Lié Sauce Mix  
MAGGI Demi-Glace Sauce Mix

## **Nestle Equipment**

NESTLÉ DOCELLO Dariole Moulds